

# A Dental Plan With You In Mind



## An Exciting Dental Plan For Members Of The Colorado School & Public Employees Retirement Association

The CSPERA Board of Directors has endorsed a group dental insurance plan underwritten by Ameritas Life Insurance Corp. This plan has been heavily negotiated for our membership and we believe it provides many benefits that our members will enjoy.

With the CSPERA endorsed dental plan there are no waiting periods! You have coverage for preventative, basic, and major services from day one. In your second year on the plan, coverage for major services will double!

### How do I locate an Ameritas Network Provider or get additional information about the plan?

Contact Ameritas at 1-888-239-3336, or online at [www.ameritasgroup.com/resources/find.asp](http://www.ameritasgroup.com/resources/find.asp)

#### Endorsed by:

Colorado School & Public Employees Retirement Association

#### Underwritten by:

Ameritas Life Insurance Corp.



#### Administered by:

Association Member Benefits Advisors  
6034 W. Courtyard Drive, Suite 300  
Austin, TX 78730



*\*Reimbursement percentages are based on the usual and customary charges for services in your geographical area. Network providers may not be available in all states or geographic areas. All services are subject to limitations and exclusions. The master insurance policy providing coverage is governed by the laws of Colorado.*

### Advantages of Coverage

- Freedom to use your own dentist; NO network required!
- You may choose an Ameritas Network provider and save up to 20-30%
- Your routine cleanings and exams are covered at 100% of the usual and customary rate after the deductible (twice per calendar year)
- \$75 Calendar Year deductible per person
- \$1,500 Calendar year benefit per person
- Dental rewards may allow your \$1,500 calendar year benefit to grow to \$2,500
- NO referral required for specialty care
- **Rates guaranteed through February 2011!**

### Dental Plan Highlights

- Preventative Services: 100% coverage\*
  - Oral Exams
  - Routine Cleanings
- Basic Services: 80% coverage\*
  - Fillings
  - Denture and Crown Repairs
  - X-Rays
  - Anesthesia
  - Oral Surgery (simple extractions)
- Major Services: 25% year 1 / 50% thereafter\*
  - Endodontics (root canals)
  - Periodontics (gum disease)
  - Crowns
  - Dentures
  - Oral surgery (complex extractions)

### Monthly Plan Rates

<b>Member</b>	<b>\$45.81</b>
<b>Member + 1</b>	<b>\$91.62</b>
<b>Member + Family</b>	<b>\$129.25</b>

# An Eye Care Plan With You In Mind



Exclusively for Members of the  
Colorado School & Public  
Employees Retirement Association



**85% of all you  
experience is  
through your  
eyes**

Are you really seeing your best? Or are you simply used to the view? With good vision, your experiences are clearer, sharper, and brighter!

Besides helping you see better, routine eye exams can detect a number of serious health conditions such as glaucoma, cataracts, diabetes, even cancer.

## ► Convenience for Members

VSP has a network of thousands of doctors, located in rural and metropolitan areas throughout the nation. More than 90% of members have access to a VSP doctor within 10 miles of work and home. VSP doctors provide both eye exams and eyewear, offering a convenient "one-stop" solution for your eyecare needs.

## ► No ID Cards, No Claim Forms! Easy As 1, 2, 3!

1. Find a VSP network doctor at:  
[www.vsp.com/go/CRSEA](http://www.vsp.com/go/CRSEA) or call 800.877.7195.
2. Make an appointment and tell the doctor you are a VSP member.
3. Your doctor and VSP will handle the rest.

## ► Visit [www.vsp.com/go/CRSEA](http://www.vsp.com/go/CRSEA) today!

What's important to you? Do you need an evening appointment? Interested in a doctor who focuses on sports eyewear or children? Want an online savings statement after you visit a VSP doctor? Searching for information on conditions of the eye? Visit their website, we think you'll like what you see!



*VSP guarantees service from VSP network doctors only. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail.*

### Your Coverage From a VSP Doctor (co-pays apply)

**Exam covered in full.....once every 12 months**

#### Prescription Glasses:

**Lenses covered in full.....once every 12 months**

► **Progressive lenses**, single vision, lined bifocals, and lined trifocal lenses.

► Polycarbonate lenses for dependent children

**Frame.....once every 24 months**

► Frame of your choice covered up to \$120

► Plus, 20% off any out-of-pocket costs

**-OR-**

**Contact Lens Care.....once every 12 months**

When you choose contacts instead of glasses, your \$120.00 allowance applies to the cost of your contacts and the contact lens exam (fitting and evaluation). This exam is in addition to your vision exam to ensure proper fit of contacts. If you choose contact lenses you will be eligible for a frame 12 months from the date the contact lenses were obtained. Current soft contact lens wearers may qualify for a special contact lens program that includes a contact lens evaluation and initial supply of replacement lenses.

### Advantages of Coverage

Without coverage, an exam and prescription glasses can cost around \$300 or more. With VSP, you'll save!

### Your Co-Pays

**Exam.....\$15.00**

**Lenses.....\$25.00**

**Contacts.....No co-pay applies**

### Extra Discounts and Savings

#### ► Laser Vision Correction Discounts

#### ► Prescription Glasses

- Up to 20% savings on lens extras such as scratch resistant and antireflective coatings
- 20% off additional prescription glasses and sunglasses\*

#### ► Contacts\*

- 15% off cost of contact lens exam (fitting and evaluation)

*\*Available from the same VSP doctor who provided your eye exam within the last 12 months.*

### Your Monthly Contribution

**Member Only.....\$11.50**

**Member + One.....\$20.73**

**Family.....\$26.28**

Dollar for dollar you get the best value from your VSP benefit when you visit a VSP network doctor. If you decide not to see a VSP doctor you'll receive fewer benefits and typically pay more out-of-pocket. You are required to pay the provider in full at the time of your appointment and submit a claim to VSP for partial reimbursement. If you decide to see a provider not in the VSP network, call us first at 800.877.7195.

### Out-of-Network Reimbursement Amounts:

**Exam.....Up to \$45.00**

#### Lenses:

**Single Vision.....Up to \$45.00**

**Lined Bifocal.....Up to \$65.00**

**Lined Trifocal.....Up to \$85.00**

**Frame.....Up to \$47.00**

**Contacts.....Up to \$105.00**

# CSPERA Group Dental Insurance Plan Frequently Asked Questions

## **Can I use my current dentist?**

Yes, one of the best features of this plan is that you have the freedom to use your current dentist. However, you may also select one of Ameritas' Network Dentists who provide services that are discounted up to 20-30%.

## **How can I find out exactly what services are covered?**

For more information regarding plan benefits, you may call Ameritas at 1-888-239-3336.

## **How does the Dental Rewards Feature Work?**

This feature rewards members who care for their teeth by filing at least one claim during the plan year, but use less than \$750 of their annual benefit. You can roll over \$250 into the next benefit period up to a maximum carry over amount of \$1,000. These rollovers may accumulate making your total available benefit \$2,500. This feature solves the "use it or lose it" benefit problem many dental insurance plans have. By allowing you to roll over part of your unused benefit, you can accumulate higher plan maximums that could be beneficial if major procedures are needed in the future.

## **Can my spouse and children be covered under the CSPERA group dental plan?**

Yes, your spouse and dependent children up to age 26 are eligible for coverage under your dental policy.

## **Can I pay my premiums by check every month?**

In order to provide CSPERA members with the best rates and service, we offer a convenient monthly bank draft option.

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## **Follow These Easy Steps to Enroll in the CSPERA Group Dental Insurance Plan**

### **1. Complete the Enrollment Form.**

If adding dependents, include each person's Social Security number and date of birth.

### **2. Submit your payment.**

- Enclose a check payable to AMBA for your first month's premium(s) plus the \$20 one time enrollment fee. You must also sign the bank draft authorization on the bottom of the application, and include a blank check marked "Void" on the account to be drafted.

### **3. Mail your completed application to:**

Association Member Benefits Advisors, LTD.  
6034 W. Courtyard Dr., Suite 300  
Austin, TX 78730



# CSPERA Group Dental & Vision Plan

Complete this form to enroll in the CSPERA Group Dental and/or Vision Plan.  
Membership with CSPERA is required to enroll in these plans.  
Underwritten by Ameritas Life Insurance Corp. Administered by AMBA.



## Colorado School & Public Employees Retirement Association Member Information

Retired From:	Retirement Date:
Member Name (Last, First)	Social Security Number (required)

Mailing Address

Home Phone	City	State	Zip
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Date of Birth	Gender	Email Address:
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Have You Had Continuous Dental coverage for the Last 12 Months?  Yes  No If Yes, Carrier Name: \_\_\_\_\_  
 Effective Date: \_\_\_/\_\_\_/\_\_\_\_\_ Termination Date: \_\_\_/\_\_\_/\_\_\_\_\_

Monthly Dental Coverage Only:  
 Member (\$45.81)  Member + 1 (\$91.62)  Family (\$129.25) \$ \_\_\_\_\_

Monthly Vision Coverage Only:  
 Member (\$11.50)  Member + 1 (\$20.73)  Family (\$26.28) \$ \_\_\_\_\_

Monthly Dental + Vision Coverage:  
 Member (\$57.31)  Member + 1 (\$112.35)  Family (\$155.53) \$ \_\_\_\_\_

Total: Dental Premium + Vision Premium + \$20 One-Time Enrollment Fee \$ \_\_\_\_\_

## Eligible Dependents to be Covered

Name	DOB	Gender	Student	Disabled	Social Security Number
Spouse					
Child					
Child					

## Payment

**Convenient Monthly Bank Payment:** Make your check payable to AMBA for your first month's premium plus the \$20 enrollment fee and attach a VOIDED check. Deposit slips are not acceptable.

**Authorization to honor drafts drawn by Association Member Benefits Advisors (AMBA).** I hereby authorize you to initiate debit entries on my account. This authority is to remain in effect until revoked by me in writing and until AMBA receives such notice. I agree that AMBA shall be fully protected in honoring such debit. Non-payment of insurance premium(s) results in the forfeiture of insurance. NOTE: Bank drafts occur on the 2<sup>nd</sup> business day of each month.

 \_\_\_\_\_ Date

Your signature EXACTLY as it appears on your Bank Records

Office use only: Effective Date: \_\_\_\_\_ ACH Date: \_\_\_\_\_ Entered: \_\_\_\_\_

ID \_\_\_\_\_ MA \_\_\_\_\_ R \_\_\_\_\_